Updates from The Fire Department

In December, the City transitioned to a new leadership structure in the Fire Department with an administrative contract with the Roseville Fire Department. The Roseville Chief staff, which encompasses a Fire Chief, Assistant Fire Chief, three Battalion Chiefs, and an administrative coordinator are taking on the day-to-day administration and leadership of the Fire Department.

Within this new leadership model the Fire Department is re-focusing on active training that involves hands-on teamwork and creativity, assessing equipment and capital needs of the organization, re-prioritizing goals, and improving relations with City leadership and elected officials.

The Roseville Chief staff will be performing an internal review of all equipment and assets to better provide City management with long-term costs and operational effectiveness and efficiencies.
Story Time Event coming to Spring Together June 6, 2020

The City of Falcon Heights will be hosting a Story Time event on June 6th during Spring Together located at Curtiss Field. We are still in the early planning stages but we are in search of Senior Participants to assist us with our reading event. More details will be provided at a later date. If interested please email nalisha.nandkumar@falconheights.org or call 651-792-7617.
City Commissions

We have openings on the following commissions:
- Environment (1 vacancy)
- Parks and Recreation (2 vacancies)
- Planning (2 vacancies)
- Community Engagement (2 vacancy)

Commissions meet once a month or every-other month and provide input on new city policies. If you are interested in serving your community on a Commission, complete an application on the city's website or stop by City Hall.

If you have questions, call City Hall at 651-792-7600 or mail@falconheights.org

NOW HIRING! Seasonal Parks & Recreation Employees

Seasonal summer positions are now open! Apply online or at city hall. If you have any questions about the positions, please call city hall at 651-792-7600 or mail@falconheights.org
For more information please visit our website here.

Curtiss Field Warming House Hours

Planning ahead? Find additional warming house hours here.

Friday, February 14th - 4PM-8PM
Saturday, February 15th - 12PM-4PM
Sunday, February 16th - 10AM-6PM
**Como Park/Falcon Heights**  
**Living at Home Block Nurse Program**

The Como Park/Falcon Heights Living at Home Block Nurse program provides services and support to residents 65 and better who wish to remain in their home safely and independently. We are a local nonprofit that has served this area for almost 25 years.

**February 2020 Newsletter:**

Are you a Caregiver? According to Merriam-webster dictionary, a caregiver is “a person who provides direct care for children, elderly people, or the chronically ill” (Merriam-webster.com) If you are a spouse, child, relative or friend who is providing care for another person then you may be considered their caregiver. As a spouse often you are the last to realize or acknowledge that they are the caregiver. [Click Here to read more of the newsletter](#)

**No Cost Blood Pressure Clinics:** The Como Park/Falcon Heights Living at Home Block Nurse Program will have blood pressure checks available at City Hall. Every 2nd Monday at 2:45pm. **The next No Cost Blood Pressure Clinic is on March 9, 2:45pm.**

**Homemaking Services:** Would you like to have a hand cleaning out the basement or has your doctor recommended you limit household activities like vacuuming and mopping the floor? We have Homemakers that will come to your home for housekeeping. This service is $25/hour with a 90 minute minimum. They can come one-time or on a regular basis. Homemakers can also help with laundry, changing bed linens, meal prep, dusting, bathroom and kitchen cleaning.

**No Cost Rides to Medical Appointments:** We have reliable volunteers that can take you to and from your medical appointments. Must be enrolled in our program to qualify. Call for more information.

**Tech Help:** Do you have an ipad, smartphone or an electronic device and have questions about using it? We have volunteers that specialize in helping with technology issues. All volunteers have had training and have passed a background check. Call our Volunteer Coordinator to be connected with a tech helper.

For more information about any of our programs or services, please call 651-642-1127 or visit us at [www.comobnp.org](http://www.comobnp.org)

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**Saint Anthony Park Seniors**

Saint Anthony Park Area Seniors helps seniors maintain their independence and remain in their homes as long as they wish and that is safe to do so. They provide individualized services (such as rides, chores and shopping trips) for seniors who live in Falcon Heights, west of Cleveland Ave.

Upcoming activities that are open to ALL Falcon Heights residents include:

**Exercise classes:** Tuesday from 2:30-3:30 PM at SAP library (2245 Como Ave.) and Wednesday from 10:30-11:30 AM at Centennial United Methodist Church (2200 Hillside). No registration or fees required.

Tai Ji Quan: Moving for Better Balance - Thursday from 2-3 PM at Lauderdale City Hall (1891 Walnut Street). Registration is required and Class is Full. No class on Monday for President’s Day.

**Chair yoga:** Friday from 2:30-3:30 PM at the SAP library (2245 Como Ave.)

**Game Day:** Come and play games with your neighbors on Friday, February 21 from 10 AM-noon at Centennial United Methodist Church (2200 Hillside)

**Blood pressure clinics:** Wednesday, February 19 from 11:30 AM-noon at Centennial United Methodist Church (2200 Hillside)

For more information, please visit us at: [http://www.sapaseniors.org](http://www.sapaseniors.org) or call 651-642-9052

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Follow us on Social Media!

#FalconHeights #TheCityThatSoars #FHFD