Census 2020

There is a critical need for more people to apply for census taker jobs in Ramsey County. The application is open until February 1, and the Census Bureau is now offering $22.00 per hour for census takers in Ramsey County.

People from historically undercounted communities and who speak locally significant languages (like Hmong, Karen, Somali, and Oromo) are strongly encouraged to apply. The online application, FAQ, and other information are available at https://2020census.gov/jobs.html

Tennis Sanitation - Recycling service

Due to the New Year holiday, recycling service from Tennis Sanitation will be delayed by one day this week. Recycling pickup will be tomorrow, Saturday, January 4. Check with your individual trash hauler to see if pickup will be delayed as well.

January 2020 key dates

Parks and Recreation Commission - Mon, Jan 6 - 6:30 pm
Agenda

City Council regular meeting - Wed, Jan 8 - 7:00 pm
Agenda

Mon, Jan 20 - City Hall closed in observance of Martin Luther King, Jr. Day
The Environment Commission has proposed an ordinance that would allow residents to plant and nurture native landscaping on their property. We would like your feedback on the new regulations. Visit the city’s website to learn more. https://bit.ly/2LVVsd1

Native Landscaping

Proper Disposal of Christmas Trees

The ice rinks at Curtiss Field are not open yet due to the warm weather. When the rinks open, the hours will be posted on the city’s website and on our Facebook page.

Thank you for your patience.

Photo Contest - deadline extended!

The city is sponsoring a winter photo contest. The community has the opportunity to submit photos taken within the Falcon Heights city limits. The photos will be used for the new city website. The theme is Shades of Winter. Photos with the most likes on Facebook will win passes to the History Museum. Two participants with winning photos will win a pair of MN Historical Society passes. For rules and more information please click here.
Como Park/Falcon Heights
Living at Home Block Nurse Program

The Como Park/Falcon Heights Living at Home Block Nurse program provides services and support to residents 65 and better who wish to remain in their home safely and independently. We are a local nonprofit that has served this area for almost 25 years.

No Cost Blood Pressure Clinics: Come meet our RN, Maria! Every 4th Monday, Maria is available at the City Hall, 2077 Larpenteur Avenue, for a No Cost Blood Pressure Clinic. The next No Cost Blood Pressure Clinic is on Monday, Jan. 27, 1:00pm-2:00pm.

Homemaking Services: Would you like to have a hand cleaning out the basement or has your doctor recommended you limit household activities like vacuuming and mopping the floor? We have Homemakers that will come to your home for housekeeping. This service is $25/hour with a one-hour minimum. They can come one-time or on a regular basis. Homemakers can also help with laundry, changing bed linens, meal prep, dusting, bathroom and kitchen cleaning.

No Cost Rides to Medical Appointments: We have reliable volunteers that can take you to and from your medical appointments. Must be enrolled in our program to qualify. Call for more information.

Tech Help: Do you have an ipad, smartphone or an electronic device and have questions about using it? We have volunteers that specialize in helping with technology issues. All volunteers have had training and have passed a background check. Call our Volunteer Coordinator to be connected with a tech helper.

For more information about any of our programs or services, please call 651-642-1127 or visit us at www.comobnp.org

Saint Anthony Park Seniors

Saint Anthony Park Area Seniors helps seniors maintain their independence and remain in their homes as long as they wish and that is safe to do so. They provide individualized services (such as rides, chores and shopping trips) for seniors who live in Falcon Heights, west of Cleveland Ave.

Upcoming activities that are open to ALL Falcon Heights residents include:

**Movie: Pavarotti**
Thursday, January 9th at 2PM
SAP Library (2245 Como Ave.)

**Excersize Classes**
Tuesday, January 7 from 2:30-3:00PM
SAP Library (2245 Como Ave.)
Wednesday, January 8 from 10:30-11:30AM
Centennial United Methodist Church (2200 Hillside)
No registration required, please feel free to drop in!

**Tai Ji Quan: Moving for Better Balance**
Monday January 6 and Thursday January 10 2-3PM
Lauderdale City Hall (1891 Walnut Street)
Registration is required and class is full

**Chair Yoga**
Friday January 10 2:30-3:30 PM
SAP Library (2245 Como Ave.)

**Game Day: Come and play games with your neighbors**
Friday, January 10 from 10AM;Noon
Centennial United Methodist Church (2200 Hillside)

**Blood Pressure Clinic**
Wednesday, January 8
11:30AM-Noon
Centennial Methodist Church (2200 Hillside)

For more information, please visit us at: http://www.sapaseseniors.org or call 651-642-9052

Follow us on Social Media!

#FalconHeights #TheCityThatSoars #FHFD